

# BodyTalk: Distant Healing Study

Centre for Biofield Sciences with BodyTalk Unlimited

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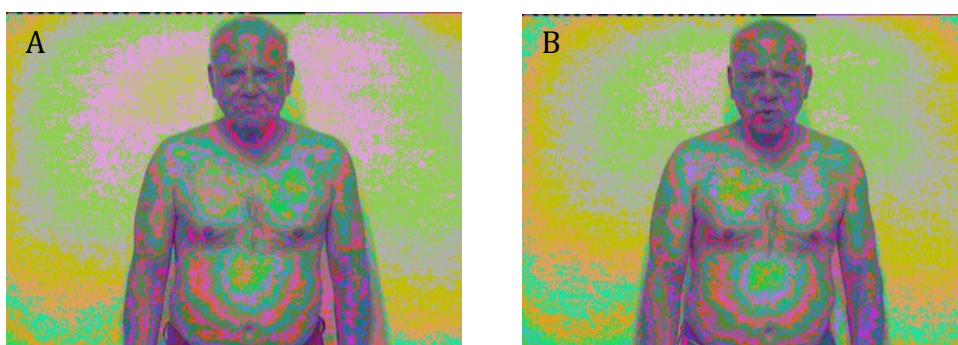
The Centre for  
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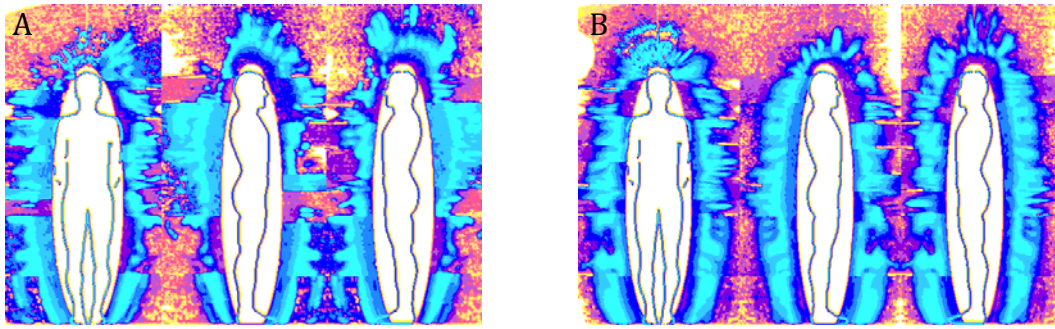
## ABSTRACT

BodyTalk is based on the premise that the body is capable of healing itself. Stress disrupts the efficient coordination of body resources, leading to disease. During a BodyTalk session, the practitioner directs the awareness of the client's nervous system to areas that are out of balance and that could function more efficiently. Can this thought intention be transmitted over a distance? Many BodyTalk practitioners have learned to do distance sessions, suggesting that this is possible. Our pilot study was designed to measure real-time changes in the human energy field during a distant BodyTalk session to demonstrate the efficacy of this technique.

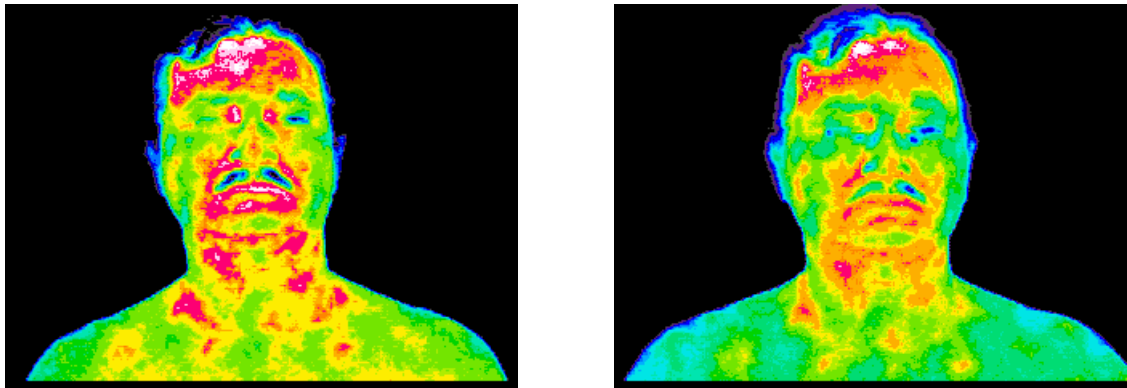
In our pilot study, ten male participants were divided into two groups: experimental subjects were scanned before, during, and after receiving distant BodyTalk sessions; control subjects were subjected to the same scanning procedures, but without being sent a session. All subjects were at the Center for Biofield Sciences in Pune, India. BodyTalk sessions were sent by Dr. Pilipovich from his clinic in Boulder, Colorado. Two biofield scanning devices were used including, Poly-contrast Interference Photography, and Gas Discharge Visualisation. Medical Thermal Imaging scans were also taken before and after the session. In addition to the biofield scans, subjects were interviewed about their experience of symptom changes two days after the sessions. All experimental subjects reported positive changes in health after two days, whereas the control subjects reported little change. The biofield scans revealed noticeable changes in all experimental subjects during the sessions, while the control subjects showed insignificant changes in their biofield scans. Overall, the results indicate that further study is warranted to study the effect of multiple sessions, as well as to gather more complete assessment data at various stages of the healing process. Some sample images taken before and immediately after one distant BodyTalk session are shown below.



**Figure 1: Polycontrast Interference Photography:** (A) Baseline measurement (B) Follow-up measurement shows improvement in biofield symmetry and color. Notice the clearing of congested area around the head where the pink color is replaced by green.



**Figure 2: Gas Discharge Visualization:** (A) Baseline measurement showing that biofield is scattered and broken (B) In follow-up image the biofield is greatly improved with less flaring and biophoton emission leaks.



**Figure 3: Medical Thermal Imaging:** (A) Red patches of thermal activity in the throat glands and sinuses showing congestion (B) Reduction of red color shows significant clearing of congestion immediately after session.

## SUMMARY

Our primary objective was to show that intention could be transferred at a distance by doing real time imaging of subjects receiving a distance BodyTalk session. This pilot study shows that healing intent can be directed at distance, and suggests that healing by prayer is measurable. Our belief is that using a systematic healthcare modality such as BodyTalk will get more consistent results than simple prayer, and envision further studies to investigate that issue. Although many BodyTalk practitioners include distance sessions in their practice, our pilot study only measured the effects of sessions by one senior practitioner. We would need to include multiple practitioners in a study to more fully demonstrate that the ability to send intention is indeed available to everyone.



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