

# Sacred Approach Healing Arts Newsletter

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### Sacred Approach

Why this name?

After three years training in BodyTalk, I'm finding that all my earlier healing and shamanic training is percolating back up. It is being called upon to blend in to what I know now. How exciting is that?

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For twenty years, I have been involved in a spiritual and consciousness based approach to healing. It is called Absuchan 'ka and is a complex and ancient science passed down from the Vedas. The modalities range quite widely from crystal work to acupressure to essential oils to name a few.

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The simple and unchanging component to this rather vast philosophy is approach. Treating everything I do as sacred and treating

## **Advanced BodyTalk Certification**

Congratulations to me!

After 3 years of concentrated study and training I have been awarded an advanced certification in BodyTalk. The required courses of study included three quarters of physiology and anatomy with subsequent testing, The 5 elements, the Chinese clock and Traditional Chinese Medicine, levels of consciousness, quantum theory, and all of the advanced BodyTalk modules and subsequent testing. It was rigorous and the testing was comprehensive and I feel confident that this award represents a very real achievement for me in the healing arts.

My studies continue as I take the next level of BodyTalk courses called Parama which uses more complicated and compacted formulas and pulls in more from quantum science and spiritual philosophy. I'm also taking courses in structural Integration, Reiki and medical intuition.



# **Stepping Up My Commitment**

Here's what it looks like in practical terms:

- Changing my healing arts work office hours to mid-week rather than Mondays and Fridays.
- Creating a new business entity called Sacred Approach Healing Arts.
- Setting up a new, comprehensive website to describe and present what I do. It will be completed by the end of July <a href="https://www.sacredapproach.com">www.sacredapproach.com</a>
- Raising my session costs to one across the board rate of \$90. This will bring
  me in line with my health practitioner peers and reflects the power and
  worth of my work.

my clients like they are divine entities is sacred approach.

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When I am in that space, everything flows. We come out of our session opened and new. I love that. And I love that I can honor this concept by naming my healing arts business after it.

# Trust Your Body!



### **In Appreciation**

I thank all of you who participate at multiple levels of support for this, my life's work. To bring that appreciation into this dimension, I've attached a \$50 coupon to this newsletter. You may use it toward your sessions with me as often as you like, and give copies to your friends and family, as you see fit for the next three months.



### **Testimonials**

In designing my website, I would like very much to have your words tell my story. If you feel to, please send me a short description of your experiences working with me toward your wellness. If I use your testimonial, I will send you a gift certificate for a free session.



Print and clip this whenever you need a session!