



Sacred Approach Healing Arts Newsletter

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Books I'm Reading:

Alchemy of Nine Dimensions.

Barbara Hand Clow A very amazing, if sometimes too heady exploration of the dimensions that manages to make the outer dimensions conceivable through some fairly easy to understand visualizations. This is very good stuff and does a great job of combining hard science with spiritual exploration. Here's a link to her website:

<http://www.HandClow2012.com>

The Source Field

Investigations. David Wilcock. This is a collection of incredibly well-documented studies and experiences that open wide the reality of the underlying energy that connects us all. It's just plain fun to read because of all the great stories and experiments, but it's also quite satisfying for those of us who make use of this field in a very conscious way. Here's a link to David Wilcock's website:

<http://divinecosmos.com/>

I've also been reading articles and books about Ho'oponopono. Basically (in my very limited words), it explores forgiveness as a path to personal happiness.

New Website

After 3 months of steady, rather obsessive work, I've finally got my website launched. Thanks to Kristen Proctor for developing the graphics and layout for me, I will forever be in gratitude (and your BodyTalk Sessions will forever be free), for this amazing work.

Thanks as well to colleagues, friends and family members who responded to my requests at various stages during the development process for their opinions and assessments. It made all the difference to have your help.

. The link: www.SacredApproach.com

Be sure to check the site regularly for news and events as well as session discounts and offers....

Other Modalities:

At the very bottom of the BodyTalk protocol chart, there is an item called Other Modalities. It's a very interesting place to land, because, of course, it could mean anything! In general, it's an opportunity for the BodyTalk practitioner to bring into a session some of the other things she happens to know. I have had Aroma Therapy come up fairly often here, but more interestingly, I've had both music and computer programming come up s well. When these do come up, I have to ask whether I'm to actually apply the other modality as it is usually applied (acupuncture, for instance, with needles), or if I should just bring in the vibration of that modality. Usually, for me, it's the latter.

An example - I've gotten a client's left lung as an item to balance along with the element of wood and the concept of expansion. Then I get called upon, through the Other Modalities box, to link music to this lung balancing. More specifically I must bring the amazing openness to the universe that I experience when I'm writing a song into the existing BodyTalk formula. I believe that this will result in expanding that lung out in a much deeper way than just physiologically. Because of my ability to visualize this expansion and my confidence as a songwriter, I can hold this focus very, very well for my client and bring that new expansiveness to his body.